

Near Death Experience

Have you had an NDE or know
someone who has?

Would you like more
information?

NDE Near Death Experience
Society of Vancouver Island
can answer your questions
and more.

*NDE Near Death Experience
Society of Vancouver Island,
1040 Empress Avenue,
Victoria, B.C., V8T 1P2.*

How to contact us:

Phone: 386-9208

Mailing Address:

*NDE Near Death Experience
Society of Vancouver
Island,
1040 Empress Avenue,
Victoria, B.C., V8T 1P2.*

*This pamphlet can be mailed
to others using the back of
the middle flap.*



**NDE NEAR DEATH EXPERIENCE SOCIETY
OF VANCOUVER ISLAND**

What is a Near-Death Experience (NDE)?

(reprinted from LANDS material)

No two NDEs are exactly alike, but there is a pattern to them. An NDE includes one or more of the following elements:

1. feeling the "self" has left the body;
2. sensation of moving through a dark space or tunnel;
3. encountering a radiant light;
4. feeling at one with the universe;
5. meeting others, possibly deceased family or friends;
6. experiencing a "life review" . . . "seeing your life pass before you";
7. reaching a boundary -- cliff, water, some kind of barrier -- that may not be crossed if one is to return to life;
8. returning to the body.

Experiencers almost always find the experience peaceful and life-changing.

Facts reprinted . . .

- * All cultures hold a belief in NDEs.
- * All NDEers report an awareness of the importance of love.
- * A person who has had an NDE probably has very mixed feelings about the experience.
- * After an NDE, the experienter's values almost always change.
- * For some people, an NDE may be frightening or dark. Resources are available to help these people.

NDE Near-Death Experience Society of Vancouver Island

Constitution

- * share experiences and support each other integrating the NDE into one's life.
- * increase awareness and understanding of the life and death process.
- * overcome society's fear of death.

Services

1. **Monthly Meetings** held in Victoria. Open meetings provide a friendly atmosphere to discuss various NDE topics, to view videos, to share voluntarily one's own NDE, to support each other, to participate in our committee activities, or simply to socialize.
When: *the 3rd Thursday of each month.*
(Sept, Nov, Jan, Mar, May)
Where: *a designated member's home.*
Agenda: *Discussion -- special topic, video, voluntary sharing (60 minutes)*
Business (30 minutes)
Social
2. **Information:** Comprehensive introduction package, member's library, bibliography list, and contact lists.
3. **Committees:** Private sharing, outreach (education, palliative care, and research).
4. **Affiliation:** access to the newsletters, contacts, network list, conferences and workshops of the International Association of Near Death Studies.
5. **Open Social Events:** Potlucks, annual BBQ, networking trips.

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- 2.
- 3.
- 4.
- 5.

The truly amazing
thing is not so much
that there is a
Universe of Light and
Love, where there
exist no separate
lives and hence no
fear, hate, pain, but
that we have actually
become almost
completely unaware of
Its Reality.

Leonard Thornton