

The International Association  
for Near-Death Studies, Inc.

P.O. Box 502, East Windsor Hill, CT 06028-0502 USA



Phone: (860) 528-5144

Fax: (860) 528-9169

Email: [services@iands.org](mailto:services@iands.org)

Web: <http://www.iands.org/iands>

*Dear IANDS Support Group Coordinator,*

*December 1998*

***Greetings!** The IANDS Board wishes you the most Joyous of Holidays and a Happy New Year.*

*On behalf of the IANDS Board I am enclosing some samples of information that may be useful to you as a Support Group Coordinator. Please make use of this information as you see fit and modify these items to your needs. If you have similar or other information that you feel to be helpful to other support groups please send me a copy.*

*Take time now to complete the **Chapter Report Form** and return it to the office. We will use this information to update our chapter information files. If you would like information to be placed on the IANDS web site about your group, complete the **Internet Page Request Form**. We are unable to update the web pages frequently so include information that will rarely change.*

*Thank you for your efforts in providing a support group in your area and for being present to those who need this support. It is not an easy task. I remember how thankful I was when hearing of a group forming in my area. I had no one to talk to; no place to go to share my experiences, fears, and questions. The group gave me support not available anywhere else in the community. By publicizing your group you are providing this needed service in your community. Enclosed are some newspaper notices that I use with our group. Look for newspapers that carry support group or health group notices and contact them so they may include information about your group.* ✓

*The enclosed page: "This is to be Read at the Beginning of Each IANDS Meeting" is used at our meetings in Maryland. If you do not have such a paper I would suggest you modify this for your chapter. It welcomes everyone, defines IANDS for newcomers, and sets the meeting format and rules for everyone to follow. If you have such a paper for your chapter I would be interested in receiving a copy.*

*If you have questions please feel free to E-mail, write or call me or the IANDS office. Thank you again for all your support efforts. The Chapter Report Form update is important so please take a few minutes now to fill it out and return it.*

*May the Light shine on you always,*

✓ ***Bill Taylor, IANDS Board, Support Group Contact***

*[wmtaylor@erols.com](mailto:wmtaylor@erols.com)*

*410-531-3330 home*

*5319 Broadwater Lane*

*Clarksville, Md 21029*



# CHAPTER REPORT

(Please Complete and Mail to Address Below)

Date: \_\_\_\_\_

Group Name: \_\_\_\_\_

City, State, Zip, Country \_\_\_\_\_

Meeting Location: \_\_\_\_\_

Meeting Times: \_\_\_\_\_ Frequency (ex. Last Saturday of the Month.) \_\_\_\_\_

Contact Person:  
Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Typical Meeting Attendance: \_\_\_\_\_ Typical Number of First Time Attendees \_\_\_\_\_

Meeting Topics/Events : \_\_\_\_\_

Most Exciting Event: \_\_\_\_\_

Most Frustrating Event: \_\_\_\_\_

Messages for other Chapters: \_\_\_\_\_

Questions regarding meeting content or format: \_\_\_\_\_

Future plans for this year: \_\_\_\_\_

I request publication of my name, address, phone number, E-mail address and other information including meeting times and places.

Coordinator Signature: \_\_\_\_\_

(Support Group Coordinators must have current membership in IANDS. If your membership is not current please renew your membership now by postage or on the Internet.)

Please complete and return to: IANDS P.O. Box 502, East Windsor Hill, CT 06028-0502.

Questions? Please contact Bill Taylor, IANDS Board, Support Group Contact, 410-531-3330, wmtaylor@erols.com

**Support Group Coordinators  
Internet Page Request Form**

Please create an Internet page with my support group information as listed below.  
(We do not have the resources to update this information frequently so please list only  
information that does not change often.)

**IANDS Group Name:** \_\_\_\_\_

**Coordinator (Printed):** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

Please list my support group message as follows:

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**Please return to:**

**IANDS**

**PO Box 502**

**Ease Windsor Hill, CT 06028-0502**



# **STARTING/COORDINATING IANDS SUPPORT GROUPS**

## **1. SELECT MEETING PLACE AND TIME**

Usually meetings are once a month. Best if same time and place every month. "Public" meeting place best; library, book store, school, etc.

## **2. ADVERTISE:**

Fax/Mail notices to Newspapers.

Update attendee list.

Mail meeting reminder postcards to members on mailing list 7-10 days before meeting.

## **3. MEETINGS:**

### **1. Prepare Room:** (Arrive early, ask for helpers)

Place signs; arrange tables/chairs; setup refreshments; have name tags and sign in sheets to collect name & address; setup video/audio equip if needed; have handouts.

### **2. Begin meeting:**

Read Introduction, Welcome and opening remarks, make announcements, ask for donations to offset costs and pass the basket.

### **3. Introductions:** Go around the room and ask for self introductions, ask for short or long introductions depending on time.

### **4. Information Segment:** Read article on Topic for the meeting. Show video, audio tape. Introduce speaker.

### **5. Open Discussion:** Guide to NDE related areas. Insure all have some opportunity to speak. Ask quite persons if they have any ideas about the topic.

### **6. Closing Remarks:** Close on time. Remind of next meeting time and topic.

## **4. OTHER SERVICES:**

### **1. Refreshments:** Coffee, Tea, Juice, Cookies, paper cups/plates, plasticware, etc. ask for contributions and assistance.

### **2. Table of handouts:** IANDS brochures, Sample web pages, meeting notes, etc.

### **3. Book/Tape Lending Library:** Video tapes, books, magazines, ask for donations.

### **4. Books for Sale or Reviewing.**

### **5. Folders:**

1. Coordinator folder: Notes, readings etc.

2. Handouts, IANDS Brochures, other handout pages.

3. Newsletters of Other IANDS Groups and related groups.

4. Classes/Schools/Catalogs of Related disciplines; Omega Inst., Himalayan Inst...

5. Internet Info; Printouts, IANDS Home Page, other web addresses.

6. Cartoons, Humor

## **THIS IS TO BE READ AT THE BEGINNING OF EACH IANDS MEETING**

### **Welcome to Everyone to the Maryland Friends of IANDS Meeting**

Our meeting is free and open to everyone. You do not need to have had a near-death experience to join the meeting or to join IANDS.

### **What is IANDS?**

IANDS is the International Assn. of Near-Death Studies which began as an informal consortium of academic researchers shortly after the publication of Raymond Moody's book: *Life After Life* in 1975. It was incorporated at the University of Connecticut in 1981 and received non-profit status in 1982.

IANDS is now a membership association of individuals and groups around the world, with offices in East Windsor Hill, CT.

According to its Bylaws, one of IANDS' special purposes is to "serve as a fraternal organization for those who have experienced or have an interest in such phenomena."

### **Our Group Meeting: Program, Rules and Purpose.**

IANDS meetings foster open discussion of any issues relevant to near-death and similar experiences and their effects on peoples lives. A discussion may involve any aspect or interpretation of near-death and similar experiences, whether secular, religious, metaphysical, scientific, medical or other, or any subject pertinent to an individual's experience or to the subject of consciousness in general. Differing points of view are welcome. The group will not restrict discussion to any single interpretation or point of view and will not attempt to promote or proselytize. The overall focus of programs remains centered on near-death and similar experiences.

IANDS support groups provide support not therapy.

A group will undertake no demonstration or instruction that may lead to a profoundly altered state of consciousness or that mimics the NDE in any of its aspects.

The group respects the confidentiality of individual experiences. No use will be made of any material discussed without the explicit permission of the individual.

If there are any people present from the media they are asked to identify themselves at this time.

Meetings will not be used to promote private goods or services, but members may be notified of their availability.

The meeting is free and we currently have no "dues", however I will pass the basket and ask if everyone who is able can donate something to offset expenses such as postage, copier charges, booklets, refreshments and supplies.

The responsibility of the group leader is to insure that all members have an equal opportunity to speak and to guide the discussion to pertinent topics. We are here to encourage and support each other and not to denigrate or put-down anyone's experience.

**Membership in IANDS** is strongly encouraged. Membership benefits the group and the individual. Regular dues are \$45/yr which includes the newsletter "*Vital Signs*". Application forms are available in the IANDS hand-out and on the Internet at [www.iands.org](http://www.iands.org).

#### **1. ANNOUNCEMENTS...** (Next Meeting Last Saturday of Next Month)

(Please sign in and get a name tag if you have not already done so.)

(Rest rooms outside to the left, Please feel free to get coffee, etc )

Anyone else have any Announcements or Questions?

#### **2. SHORT INTRODUCTIONS AROUND THE ROOM** (Example: Why you came? )

#### **3. Program and/or Open Discussion**

#### **4. End Meeting On Time:** (Remind of next meeting time/Place/Topic).



Fax 202-334-0000

Today's Date: Nov 1, 1998

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To: **Health Calendar**  
**Washington Post Newspapers**  
**Washington, D.C. 20071**

From: Bill Taylor, H-410-531-3330, O-202-530-1318, wmtaylor@erols.com

Subject: **Health Calendar Support Group Notice for Meeting on Saturday Nov 28, 1998**

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>**Near Death Experiences** Saturday, November 28,  
2:00pm-4:30pm Howard County Central Library  
Meeting Room, 10375 Little Patuxent Parkway,  
Columbia, Md. Across from the Columbia Mall.  
The International Association of Near Death Studies  
of Maryland will meet for information, sharing, and  
support on near death and similar experiences. Call  
410-531-3330.

**(Please publish in the Tuesday, Nov 24, Health Calendar.)**

Thank you for including this announcement. Please call me if you have any questions. I can be reached at home at 410-531-3330 or at work at 202-530-1318, wmtaylor@erols.com

Fax 410-715-0000

Today's Date: Nov 1, 1998

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To: **Howard County Sun, West Columbia Log**

Subject: **General Interest Event Notice for Event on Saturday Nov 28, 1998**

Fax #: 410-715-0000

From: Bill Taylor, H-410-531-3330, O-202-530-1318, wmtaylor@erols.com

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>The **International Association of Near Death Studies (IANDS)** of Maryland will meet for information, sharing and support of near death experiences on **Saturday Nov 28, 2:00-4:30pm** at the Howard County Central Library Meeting Room, Columbia, Maryland, across from the Columbia Mall. Free and open to the public.

For more information, call Bill Taylor at 410-531-3330.

Thank you for including our announcement. Please call me if you have any questions. I can be reached at home at 410-531-3330 or at work at 202-530-1318, wmtaylor@erols.com.



**Free to the Public**  
**MENOPAUSE LECTURE**  
 Estrogen Replacement Treatment  
 Options in the Late 90's  
 Date: Tuesday, November 10, 1998  
 Time: 6:00 - 7:45  
 Speaker: Marion Berk Smith-Watson, M.D.  
 Location: Towson University  
 University Union, 3rd Floor  
 Chesapeake 1  
 Directions: 695 to Charles St., South—  
 3rd Light to Towson Town Blvd., Left—  
 1st Light to Osler Drive, Right—  
 1st Left to Union Garage, University Union  
 Call 1-800-237-5392 ext. 7139 or 7134  
 to Register

## FOCUS

### SUPPORT GROUPS

continued from page 41

► **Diabetes.** Howard County Diabetes Patient Education and Support Group, Howard County General Hospital Wellness Center, 11055 Little Patuxent Parkway. First Tuesday each month, 7:30-9 p.m. Free. No registration necessary. Judy Haxton, 301-490-0029.

► **Diabetes group for seniors.** Wednesday mornings, Florence Bain Senior Center, 5470 Ruth Keeton Way, Columbia. 410-313-7213.

► **Domestic Violence Center drop-in.** For women troubled by current or past abusive relationships. Mondays, 7-8:30 p.m., Domestic Violence Center of Howard County. \$1 donation. 410-997-0304 during business hours; 24-hour help line, 410-997-2272.

► **Eating disorders.** Second and fourth Tuesdays of the month, 7-8:15 p.m., Owen Brown Interfaith Center, Classroom 3, 7246 Cradlerock Way. Sponsored by St. Joseph Medical Center. Free. 410-427-2100, TDD, 410-337-1617.

► **Gamblers Anonymous.** Every Thursday, 7:30 p.m., Serenity Center, 10005 Old Columbia Road, Columbia. 410-390-8162 or the Gamblers Anonymous hot line, 410-377-3889.

► **Grandparents as Parents.** Fourth Saturday each month, 10:30 a.m.-noon, East Columbia library, 6600 Cradlerock Way, Columbia. Entertainment for the children provided by the library. Refreshments served. Sponsored by Howard County Department of Citizen Services and Aging Resources Inc. Information or newsletter, 410-418-5258.

► **Hearing for seniors.** Wednesday afternoons, Florence Bain Senior Center, 5470 Ruth Keeton Way, Columbia. 410-313-7213.

► **Howard County Infants and Toddlers Program.** An early intervention program for infants and toddlers up to 2 years old who are developmentally delayed, and their families. Assists families in securing evaluation and assessment, therapy and treatment. 410-313-7017.

► **Howard County Lupus.** Sponsored by the Maryland Lupus Foundation. Second Friday each month, 6:30 p.m., Columbia Medical Center, Health Education Center, 11055 Little Patuxent Parkway. 410-337-9000.

► **Howard County Parkinson's disease and support group.** Third Wednesday each month, 7-8:30 p.m., Vantage House, 5400 Vantage Point Road, Columbia. Tom Collins, 410-465-2825.

► **International Association of Near Death Studies.** Maryland chapter. Last Saturday of each month, 2-4:30 p.m., Howard County Central Library. Call Bill Taylor, 410-531-3330.

► **Jeremy and Associates.** Offers sup-

City. Ruth Bell, 410-740-5311; Betty Ure, 410-992-9224; or Anne Dunn, 410-418-8763.

► **Mastectomy group.** Sponsored by American Cancer Society. Third Thursday each month, 7 p.m., Howard County General Hospital Wellness Center, Little Patuxent Parkway, Columbia. Free. Nancy Wentworth, 410-730-5372; Nora Scanlan, 410-997-3019 (to provide or arrange ride).

► **Multiple sclerosis self-help.** Christ Episcopal Church, 6800 Oakland Mills Road, Columbia, first Wednesday each month, 11 a.m.-1 p.m. Kim Pernia, 301-498-5622.

► **Parents, Families and Friends of Lesbians and Gays (PFLAG).** Second Tuesday each month, 7:30 p.m., Owen Brown Interfaith Center, 7246 Cradlerock Way, Columbia. New parent group and a teen group (Rainbow Youth Alliance) available. Colette Roberts, 410-290-8292 or Jason Boyd, 301-596-1962.

► **Project Succeed in Howard County.** Adoptive parent support group and education program. Sponsored by the Center for Adoptions Together Inc. Second Thursday each month, 7-8:30 p.m., Johns Hopkins Applied Physics Lab, Laurel. \$5 a family a meeting. Jennifer Geipe, 410-653-3446.

► **Seventh-day Adventists for the Extinction of Addictions — Regeneration.** A 12-step Christ-centered recovery group. Sundays, 2 p.m., Baltimore First Seventh-day Adventist Church, 3291 St. Johns Lane, Ellicott City. Call Raye, 301-596-1722 or 410-964-4347 or 410-934-7457 (pager); or Jim, 301-930-7059.

► **Spring Joints.** For arthritis sufferers. Tuesdays, 10:30 a.m.-noon, Florence Bain Senior Center, 5470 Ruth Keeton Way, Columbia. Call Dot Keczerski, 410-313-7466.

► **Stress management and relaxation workshops.** Second and fourth Thursdays of the month, Wesley Chapel United Methodist Church, Route 175, Jessup. \$10. Reservations: 410-418-5455.

► **SWORD (Separated, Widowed OR Divorced).** Sponsored by St. John the Evangelist Catholic Church, Wilde Lake Interfaith Center, 10431 Twin Rivers Road, Columbia. Bernie, 301-791-9304 or Lyn, 410-730-9574.

► **Tears and Smiles.** Grief counseling groups for children (ages 4-16) who have lost parents, siblings, grandparents, other relatives or friends. Parents invited. Six-week sessions offered by the Steven Daniel Jeffreys Foundation. Fees on sliding scale. 410-992-4166.

► **Twelve-Step program recovery groups:** Al-Anon, Alcoholics Anonymous, Co-Dependents Anonymous, Debtors Anonymous, Food Addicts Anonymous, Gamblers Anonymous, Narcotics Anonymous, Nicotine Anonymous, Overeaters Anonymous, Sex and Love Addicts Anonymous, Sexaholics Anonymous and Survivors of Incest Anonymous. The Serenity Center, 10005 Old Columbia Road, Suite M-155. For schedule, call Susan, 410-290-8152.

► **Women's therapy group.** Focusing

SAMPLE HANDS  
 NOTICE  
 FOR LOCAL PAPER  
 "SUPPORT GROUPS."



# Instructions

EXCEL Spreadsheet for keeping track of meeting attendance.									
1. MEMBERS -- is the main spreadsheet for names and addresses.									
2. Last Month Backup --- is for a copy of the main spreadsheet for backup.									
3. Name List --- Is a List of member names for use at the meeting.									
Members circle their names when they come in the door.									
Members pickup a name tag at this time.									
New members fill out their name and address and are added to the list.									
4. Temp --- Is a temporary sheet to copy name, address, zip for the postcards address printing.									
Copy name, address, zip and then save this file as a .WK1 file for									
Wordperfect to use for the address merge for the postcards.									

# #1 MEMBERS DATABASE USING EXCEL

MAIL RETURNED	FIRST	LAST	ADD1	ADD2	CITY	ST	ZIP	PHONE1	NDE	COMMENTS	Jan-98	Feb-98	Mar-98	Apr-98	May-98
Y	CHARLES	ADAM	123 MAIN STREET	APT C	COLUMBIA	MD	21044	410-123-4567	Y	WHEEL CHAIR					
	BARBARA & TOM	SMITH	23 CONNECTICUT AVENUE		ELLICOTT CITY	MD	21043	410-123-4568	N						
	LEE	JONES	1150 18TH STREET		WASHINGTON	DC	21740	410-123-4569							
	VIRGINIA	BROWN	5329 ANYWHERE RD		CLARKSVILLE	MD	21029	410-123-4570							
	DIANA	ADAM	124 MAIN STREET		COLUMBIA	MD	21044	410-123-4571	Y						
	LISA	SMITH	24 CONNECTICUT AVENUE	APT C7	ELLICOTT CITY	MD	21043	410-123-4572	N						
	MICHAEL	JONES	1151 18TH STREET		WASHINGTON	DC	21740	410-123-4573							
	MAGGIE	BROWN	5330 ANYWHERE RD		CLARKSVILLE	MD	21029	410-123-4574	N						
	MICHAEL	ADAM	125 MAIN STREET		COLUMBIA	MD	21284	410-123-4575							
	JIM	SMITH	25 CONNECTICUT AVENUE	#5	ELLICOTT CITY	MD	21299	410-123-4576	N	PHONE CONTACT	1	1		1	1
	SUE	JONES	1152 18TH STREET		WASHINGTON	DC	21315	410-123-4577	N						
	DEBBIE	BROWN	5331 ANYWHERE RD		CLARKSVILLE	MD	21330	410-123-4578	Y						
Y	SARAH	ADAM	126 MAIN STREET	#12	COLUMBIA	MD	21346	410-123-4579							
	SHILA	SMITH	26 CONNECTICUT AVENUE		ELLICOTT CITY	MD	21361	410-123-4580	Y						
	JOHN & JOAN	JONES	1153 18TH STREET		WASHINGTON	DC	21377	410-123-4581	N						
	ELIZABETH	BROWN	5332 ANYWHERE RD		CLARKSVILLE	MD	21393	410-123-4582	Y						
	DIANE K	ADAM	127 MAIN STREET		COLUMBIA	MD	21408	410-123-4583	N						
	STEVE & EDITH	SMITH	27 CONNECTICUT AVENUE		ELLICOTT CITY	MD	21424	410-123-4584							
	LINDA	JONES	1154 18TH STREET		WASHINGTON	DC	21439	410-123-4585	N						
	JANIS & JERRY	BROWN	5333 ANYWHERE RD		CLARKSVILLE	MD	21455	410-123-4586							
Y	MICHELE	ADAM	128 MAIN STREET		COLUMBIA	MD	21470	410-123-4587	Y	NEW WORK PHONE 4/8/98					
	ATHENA	SMITH	28 CONNECTICUT AVENUE		ELLICOTT CITY	MD	21486	410-123-4588							
	BOBBI	JONES	1155 18TH STREET		WASHINGTON	DC	21501	410-123-4589							
	JOAN	BROWN	5334 ANYWHERE RD		CLARKSVILLE	MD	21517	410-123-4590							1
	CAROL	ADAM	129 MAIN STREET		COLUMBIA	MD	21532	410-123-4591							
	GEORGIA L	SMITH	29 CONNECTICUT AVENUE		ELLICOTT CITY	MD	21548	410-123-4592							
	MURIEL & MILT	JONES	1156 18TH STREET		WASHINGTON	DC	21563	410-123-4593	Y						1
	PAT	BROWN	5335 ANYWHERE RD		CLARKSVILLE	MD	21579	410-123-4594							
	JOHN	ADAM	130 MAIN STREET		COLUMBIA	MD	21594	410-123-4595							
	PETER	SMITH	30 CONNECTICUT AVENUE		ELLICOTT CITY	MD	21610	410-123-4596							
	J	JONES	1157 18TH STREET		WASHINGTON	DC	21625	410-123-4597							
	PAM	BROWN	5336 ANYWHERE RD		CLARKSVILLE	MD	21641	410-123-4598							
	MARILYN	ADAM	131 MAIN STREET		COLUMBIA	MD	21656	410-123-4599			1				
	CYNTHIA	SMITH	31 CONNECTICUT AVENUE		ELLICOTT CITY	MD	21672	410-123-4600	N		1	1	1	1	1
	ALLYSON	JONES	1158 18TH STREET		WASHINGTON	DC	21687	410-123-4601							
	ANN	BROWN	5337 ANYWHERE RD		CLARKSVILLE	MD	21703	410-123-4602							
	ANNETTE	ADAM	132 MAIN STREET		COLUMBIA	MD	21719	410-123-4603							
	AUDREY	SMITH	32 CONNECTICUT AVENUE		ELLICOTT CITY	MD	21734	410-123-4604							
	SHEP & HELANE	JONES	1159 18TH STREET		WASHINGTON	DC	21750	410-123-4605							
	MARY JANE	BROWN	5338 ANYWHERE RD		CLARKSVILLE	MD	21765	410-123-4606			1		1		
	BOB	ADAM	133 MAIN STREET		COLUMBIA	MD	21781	410-123-4607			1		1	1	1
	JANICE	SMITH	33 CONNECTICUT AVENUE		ELLICOTT CITY	MD	21796	410-123-4608	N						
	BOB	JONES	1160 18TH STREET		WASHINGTON	DC	21812	410-123-4609							
	DONALD	BROWN	5339 ANYWHERE RD		CLARKSVILLE	MD	21827	410-123-4610							
	CAROLYN	ADAM	134 MAIN STREET		COLUMBIA	MD	21843	410-123-4611							
	EMILY	SMITH	34 CONNECTICUT AVENUE		ELLICOTT CITY	MD	21858	410-123-4612	N				1		
	DON	JONES	1161 18TH STREET		WASHINGTON	DC	21874	410-123-4613	N	ATT IANDS CONF 1997					
	MARY	BROWN	5340 ANYWHERE RD	#K	CLARKSVILLE	MD	21889	410-123-4614							
	MARILYNN	ADAM	135 MAIN STREET		COLUMBIA	MD	21905	410-123-4615							1
	RUTH	SMITH	35 CONNECTICUT AVENUE		ELLICOTT CITY	MD	21920	410-123-4616							1
	CAROL	JONES	1162 18TH STREET		WASHINGTON	DC	21936	410-123-4617							
	JOHN	BROWN	5341 ANYWHERE RD		CLARKSVILLE	MD	21951	410-123-4618		email contact 2/25/97					
	SEAN	ADAM	136 MAIN STREET		COLUMBIA	MD	21967	410-123-4619	N						



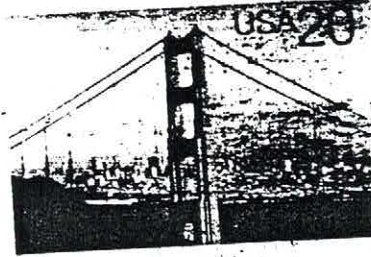
Please Circle Your Name or Add Your Name to The List  
(If address is incorrect please enter correct address)

# 3, March 2015

FIRST	LAST	NEW	ADDRESS	CITY	ST	ZIP	PHONE
CHARLES	ADAM						
BARBARA & TOM	SMITH						
LEE	JONES						
VIRGINIA	BROWN						
DIANA	ADAM						
LISA	SMITH						
MICHAEL	JONES						
MAGGIE	BROWN						
MICHAEL	ADAM						
JIM	SMITH						
SUE	JONES						
DEBBIE	BROWN						
SARAH	ADAM						
SHILA	SMITH						
JOHN & JOAN	JONES						
ELIZABETH	BROWN						
DIANE K	ADAM						
STEVE & EDITH	SMITH						
LINDA	JONES						
JANIS & JERRY	BROWN						
MICHELE	ADAM						
ATHENA	SMITH						
BOBBI	JONES						
JOAN	BROWN						
CAROL	ADAM						
GEORGIA L	SMITH						
MURIEL & MILT	JONES						
PAT	BROWN						
JOHN	ADAM						
PETER	SMITH						
J	JONES						
PAM	BROWN						
MARILYN	ADAM						
CYNTHIA	SMITH						
ALLYSON	JONES						
ANN	BROWN						
ANNETTE	ADAM						
AUDREY	SMITH						
SHEP & HELANE	JONES						
MARY JANE	BROWN						
BOB	ADAM						
JANICE	SMITH						
BOB	JONES						
DONALD	BROWN						
CAROLYN	ADAM						
EMILY	SMITH						
DON	JONES						
MARY	BROWN						
MARILYNN	ADAM						
RUTH	SMITH						
CAROL	JONES						
JOHN	BROWN						

# SAMPLE POSTCARDS (MEETING REMINDERS)

Bill Taylor  
5329 Broadwater Lane  
Clarksville, Md. 21029-1119



NAME,  
ADDRESS  
ZIP

DISCLOSURE

## Maryland Friends of LANDS

*(International Association of Near Death Studies)*

Meeting **Saturday Nov 28, 98, 2:00-4:30. Howard County Central Library, Columbia Md.** (across from Columbia Mall). We will be meeting for information, sharing and support.

### **Topic: "Thanksgiving"**

**Bring your thoughts, experiences, favorite passages to share.**

Coffee, Hot Chocolate and Juice  
See you there.

*Additional information or directions call 410-531-3330. All meetings last Saturday of the Month, same place & time. Free and open to the public (contribution requested).*



Have you had a Near-Death  
or  
Out-of-Body experience?  
or  
something similar?

Do you know someone who has?  
Would you like to learn more about it?  
Have you recently lost someone important to you?

*Join our support and study group*

*Chicago*  
**LANDS**

The International Association for Near-Death Studies, Inc.

**Meets on the fourth Thursday of every month**

Unity Church on the North Shore  
3434 Central Street Evanston IL  
7:30pm - 9:30pm

From the Edens Expressway: take Old Orchard exit (East)  
past four (4) stop lights, turn Left (North) on Gross Point Rd  
go one block, the church is on the Left

**Questions??**  
**Call: 847-251-7270**