



The International Association for Near-Death Studies, Inc.

President

Elizabeth W. Fenske, Ph.D.

- Atwater, P. M. H. Coming Back to Life. New York: Dodd, Mead and Co., 1988.
- Flynn, Charles P. After the Beyond. Englewood-Cliffs, N. Y.: Prentice-Hall, 1986.
- Gallup, George, Jr. Adventures in Immortality. New York: McGraw-Hill, 1982.
- Grey, Margot. Return from Death. London: Arkana, 1985.
- Greyson, Bruce and Charles P. Flynn (Eds.). The Near-Death Experience. Springfield, Illinois: Charles C. Thomas, 1984.
- Grosso, Michael. The Final Choice. Walpole, New Hampshire: Stillpoint, 1985.
- Hampe, Johann Christoph. To Die Is Gain. Atlanta: John Knox Press, 1978.
- Lundahl, Craig (Ed.). A Collection of Near-Death Research Readings. Chicago: Nelson-Hall, 1982.
- Moody, Raymond A., Jr. Life After Life. Atlanta: Mockingbird Books, 1975.
- Moody, Raymond A., Jr. Reflections on Life After Life. Mockingbird Books, 1977.
- Moody, Raymond A., Jr. The Light Beyond. New York: Bantam, 1988.
- Ring, Kenneth. Life at Death. New York: Coward, McCann & Geoghegan, 1980.
- Ring, Kenneth. Heading Toward Omega. New York: William Morrow, 1984.
- Sabom, Michael. Recollections of Death. New York: Harper & Row, 1982.
- Zaleski, Carol. Otherworld Journeys. New York: Oxford University Press, 1987.

NOTE: The above books are listed according to their original publisher. Some of these books, however, are now available in other editions (e.g., Moody's first two books are now published by Bantam and Ring's by Quill).

REFERENCE BOOKS RECOMMENDED BY SEATTLE LANDS CHAPTER

LIFE AFTER LIFE

by Raymond A. Moody, Jr.

Best all-around, basic introduction to the world of the near-death experience. Sincere, not heavy; easy to read and remember. Written by Dr. Raymond Moody, who, though not an NDEr himself, tells of his personal involvement.

REFLECTIONS ON LIFE AFTER LIFE

by Raymond A. Moody, Jr.

Good sequel to the above. Shows that the original holds up extremely well. Dr. Moody updates his original work.

THE LIGHT BEYOND

by Raymond A. Moody, Jr.

Basically, it's LIFE AFTER LIFE amplified and updated. A very good read; inspiring and informative, with new names and personal stories. Very warming and uplifting.

LIFE AT DEATH

by Kenneth Ring

The original exposition of Dr. Kenneth Ring's personal research into NDE people and phenomena. Scientific and clinical, but not heavy or dull. Many inspiring personal stories from people interviewed by Dr. Ring.

HEADING TOWARD OMEGA

by Kenneth Ring

Could be Part Two of the above, except in this book Dr. Ring sets forth his theory (via John White and others) of planetary spiritual evolution. Complete with surveys, charts, graphs and more inspiring personal stories.

RECOLLECTIONS OF DEATH

by Michael Sabom

Written by Dr. Michael Sabom, a cardiologist, this book tells of what he learned from patients who had been resuscitated in mostly clinical settings. Bursting with quotations and personal experiences.

THE NEAR-DEATH EXPERIENCE

edited by Bruce Greyson and Charles Flynn

Though anyone may want to read this book, it was written mostly by professionals for professionals. Tends to serious, scientific reading. A good source document.

OTHERWORLD JOURNEYS

by Carol Zaleski

The fascinating world of near-death experience down through the centuries. A good survey of the written history of the phenomenon. Very well written and full of useful information. Well-documented and interesting throughout.

THE RETURN FROM SILENCE

by D. Scott Rogo

The first comprehensive overview of near death experience research written for the general public; points out the strengths and weaknesses of NDE research.

CLOSER TO THE LIGHT

by Melvin Morse

A book representing the only research to date on children who have had near death experiences. Fascinating. Quotes research that locates the source of the NDE in the brain.

TRANSFORMED BY THE LIGHT

by Melvin Morse

How the near-death experience affected the lives of over 100 adults who had childhood NDEs. Information on electromagnetic changes in many NDErs is really shocking (no pun intended).

COMING BACK TO LIFE

by P.M.H. Atwater

The After-Effects of the Near-Death Experience

A forthright, practical, sometimes painfully honest book which focuses on issues related to problems of coming back to "ordinary life." The author's research is based on her adjustment to her own as well as others' NDEs.

IN ADDITION:

ON DEATH AND DYING

by Elisabeth Kubler-Ross

A ground breaking down-to-earth, and easy to read book. Never lectures and is never stern. Extremely practical and informative. An interesting, common sense "guide to the perplexed" on this too-often ignored subject.

QUESTIONS AND ANSWERS ON DEATH AND DYING

by Elisabeth Kubler-Ross

Takes the above book one step beyond, as Dr. Kubler-Ross answers questions on the very human side of dying from the point of view of both the dying person and the bereaved. A good manual for professionals, too. Should be read by everyone at least once.

A BOOK OF ANGELS

by Sophy Burnham

An informative, thought provoking, inspirational book full of such fascinating accounts of encounters with angels past and present that it's hard to put down in order to go to work or bed.

FINAL GIFTS

by Maggie Callanan & Patricia Kelley

Describes the experiences of people who were dying in such tender ways that the book could be sold in the shape of a heart. Both authors are hospice RNs.

Recommended Reading List

Note: There is certainly a vast amount of material on the subject of Near-Death Experience (and related experience), so this is not intended as a complete or final list. This list represents what may be thought of as core material only. It's a good place to begin.

MOODY, RAYMOND

Life After Life
Reflections on Life After Life
The Light Beyond

RING, KENNETH

Life at Death
Heading Toward Omega

SABOM, MICHAEL

Recollections of Death

GREYSON, BRUCE and
FLYNN, CHARLES P.

The Near-Death Experience

ZALESKI, CAROL

Otherworld Journeys

KUBLER-ROSS, ELISABETH

On Death and Dying
Questions and Answers on Death
and Dying

ADVENTURES IN IMMORTALITY by George Gallup JR. 1980 New York: McGraw-Hill

A Collection of Near-Death Research Readings
edited by Craig Lundahl 1982
Chicago: Nelson-Hall

The Final Choice by Michael Grosso 1985
Walpole, NH: Stillpoint Press

(Over)

1616 1
A Return From Death
by MARGOT GREY 1985
London: ARKANA

A AFTER THE BEYOND
by Charles FLYNN 1986
Englewood Cliffs, NJ: PRENTICE-HALL
OOP

16256 Comma BACK TO LIFE by P.M.H. Atwater
1988 (New York: Ballantine Books)

17577
#9.95 The Return from SILENCE
by D. Scott ROGO 1989
(Wellingborough, ENGLAND: Aquarian Press)

16733
#11.95 Spiritual Emergency
edited by Stan GROF M.D.

H184
B11A1B
6-5-9
and CHRISTINA GROF, 1989
(Los Angeles, CA: J.P. Tarcher)

Death Trip of a Lifetime - Palmer
Globe Celestine Prophecy - Redfield
Spiritual Emergency - Grof

Hogland's Mars Vol II - notes 93 minutes

NDS Found Trip - notes \$27.00 US

Shadows - Part # notes

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SEATTLE LANDS
PACIFIC NORTHWEST CONFERENCE
P.O. BOX 84333
SEATTLE, WA 98124

Name

Address

City State Zip

The following tapes of of the PACIFIC NORTHWEST CONFERENCE, Seattle, WA, August 23-24, 1991 are available:

- _____ 1. Kenneth Ring, Ph.D. and Lorna Stephens (Keynote Address)
AMAZING GRACE: THE NDE AS A COMPENSATORY GIFT
Emphasizing the providential way near-death experiences can enter into a person's life and bring about an unexpected and life-changing healing.
- _____ 2. Melvin Morse, M.D.
CLOSER TO THE LIGHT: CHILDREN OF THE NEAR-DEATH EXPERIENCE
Presentation summarizes nine years of research on near-death experiences in children.
changed topic - family at bedside, dignity and death with dignity
- _____ 3. Nancy Evans Bush, M.A.
TALES FROM THE DARK SIDE: TERRIFYING NEAR-DEATH EXPERIENCES
Some of the little told accounts of dark and terrifying experiences, with thoughts on how we might approach understanding them in a new perspective.
- _____ 4. Kimberly Clark Sharp, M.S.W.
THE NEAR-DEATH EXPERIENCE: BACK IN THE BODY AGAIN
Discussion of all known elements of the near-death experience and observations based on Kim's counseling work with hundreds of near-death experiencers.
- _____ 5. Joyce Hawkes, Ph.D.
THE NDE AND HEALING: PERSONAL AND CROSS-CULTURAL JOURNEYS
- _____ 6. Bonnie Long
JUNG, CAMPBELL AND THE NDE: THE HERO'S JOURNEY
- _____ 7. David W. Johnson
THE NEAR-DEATH EXPERIENCE AND THE ADDICTIVE PERSONALITY: ARE THEY INTERACTIVE?
- _____ 8. Nancy Evans Bush, M.A.
THE CHRISTIAN AND THE NDE
- _____ 9. Kimberly Clark Sharp, M.S.W.
BEDSIDE AND BEYOND: HELPING THE NEAR-DEATH EXPERIENCER COPE
- _____ 10. Joyce Griswold, Spouse of Multiple NDEr
LIVING WITH THE NDEr: A SUPPORT GROUP FOR FAMILY AND FRIENDS OF NEAR-DEATH EXPERIENCERS.

_____ Total Number of Tapes Ordered @ \$9.00 Each (Postpaid)
Mail with check to LANDS, P.O. Box 7767, Philadelphia, PA 19101-7767

CLOSER TO THE LIGHT

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A recently published book representing the only research to date on children who have had near death experiences. Fascinating. Quotes research that locates the source of the NDE in the brain.

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President

Elizabeth W. Fenske, Ph.D.

August 15, 1991

Greetings to each of you!

What a privilege it is to welcome you to the Pacific Northwest Conference of the Friends of IANDS, Seattle, Washington, and the International Association for Near-Death Studies. You have chosen to come here, to Seattle University on the Pacific Coast, to explore more fully the meaning of the NDE, both in contemporary times and throughout history.

This conference is fortunate to have among its outstanding program participants some who go back to the early days of IANDS's birthing process. If it had not been for your speaker Kenneth Ring's enthusiasm and vision, IANDS would probably not have come into being. You, here in Seattle, are very fortunate to have Ken "grace" your presence with his "Amazing Grace" presentation. Also among your number are many other distinguished program personnel: Melvin Morse, Nancy Evans Bush, and your own Kimberley Sharp Clark.

It is certainly my hope that each of you here will have an opportunity to visit personally with the program participants. I know as well that the participants need to visit with each of you, for you also have a part to play in this drama of the deeper unfolding of consciousness in the latter part of the twentieth century. I'm sure that this weekend will be, as it has been in the past, a memorable experience for each person present.

IANDS seeks to be of service to you through our conferences, newsletters, and journals. Also we recognize the value of small groups both for education and support purposes. To this end we constantly seek new and innovative ways to make the Friends of IANDS groups more effective at the grassroots level.

Not only are we concerned about sharing information regarding near-death studies in the United States; we are also aware of the value of sharing global projects and ideas. Currently, IANDS groups are active in the United Kingdom, Australia, Belgium, Holland, France, Germany, the Nordic countries, and Canada. Others interested in our work live in Japan, Switzerland, Spain, Brazil, and many other places.

It is my personal wish, as well as the wish of the IANDS Board of Directors, that this conference be a meaningful experience for each of you. May you have a long association with IANDS, and may you continue your explorations in consciousness studies. It's good to have you here!

Gratefully and warmly,

Pat Fenske

Elizabeth W. (Pat) Fenske, Ph.D.

President IANDS

Board of Directors

EWf/cs

3310 Baring Street, Philadelphia, PA 19104



The International Association for Near-Death Studies, Inc.

THE JOURNAL OF NEAR-DEATH STUDIES

Editor: Bruce Greyson, M.D.

Internationally acclaimed for its pioneering explorations into the nature and scope of human consciousness as it is affected by the prospect or occurrence of death, THE JOURNAL OF NEAR-DEATH STUDIES (formerly ANABIOSIS) is the only periodical devoted specifically to the field.

The official organ of the International Association for Near-Death Studies (IANDS), the Journal publishes original articles on near-death experiences, the empirical effects and theoretical implications of such events, and on such related phenomena as out-of-body experiences, deathbed visions, experiences of dying persons, comparable experiences occurring under other circumstances, and the implications of such phenomena for our understanding of human consciousness and its relationship to the life and death process.

A distinguished editorial board representing the fields of medicine, psychiatry, psychology, nursing, sociology, anthropology, philosophy, theology, and parapsychology select articles that include empirical studies, scientific and philosophical perspectives, theoretical and conceptual formulations, and cross-cultural and clinical studies contributing to the understanding of the experience and meaning of death.

All manuscripts and other editorial correspondence should be submitted in triplicate, APA style, to the Editor:

Bruce Greyson, M.D.
Department of Psychiatry
University of Connecticut Health Center
Farmington, CT 06032

The Journal is published quarterly, and is distributed to Research Members of IANDS. Information about Membership in IANDS can be obtained by writing to : IANDS, P.O. Box 7767, Philadelphia, PA 19101-7767.



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SEATTLE INTERNATIONAL ASSOCIATION FOR NEAR DEATH STUDIES
Presents the
PACIFIC NORTHWEST CONFERENCE ON NEAR DEATH EXPERIENCES

WORKSHOPS & PANELS

1 THE NDE AND HEALING: Personal and Cross Cultural Journeys

JOYCE HAWKES, PhD

Many NDErs discover a new and intense sense of "mission" after they recover from the physical trauma that precipitated their NDE. A significant number of these people report healing in themselves and can facilitate healing states for others.

In the workshop, Dr. Hawkes will share her understanding of healing practices in our culture and those of other cultures. During the last six years, Joyce has studied and worked with healers in India, the Philippines and Bali as well as maintaining a private healing practice in pastoral counseling in Seattle.

2 JUNG, CAMPBELL AND THE NDE : The Hero's Journey BONNIE LONG

Drawing on the work of C.G. Jung and Joseph Campbell, here is a fascinating look at the NDE in the context of the classic Hero's Journey. Miss Long will also blend in historical material, such as the search for the Castle of the Grail, the Shamanic Initiation, as well as imagery from a worldwide spiritual and cultural matrix. Be prepared for a refreshing new look at the NDE.

Bonnie Long is a NDEr, writer, Egyptologist, Anthropologist, art and film buff, and member of the C.G. Jung Society of Seattle.

3 THE NEAR DEATH EXPERIENCE AND THE ADDICTIVE PERSONALITY : Are they interactive? DAVID W. JOHNSON

Consider the following: An NDE is a spiritual experience usually triggered by a physical trauma. An active addiction is a physical trauma usually resolved by a spiritual experience.

We will explore the following questions: Does coming back increase the proclivity toward substance abuse? (There may be some evidence of this.) How does an NDE affect the addictive personality who is practicing in its addiction? Does the NDE increase or interfere with the willingness of an addict to accept the spirituality of 12-step program? Is a recovering addict in a unique position to apply the spiritual experience of an NDE to his/her daily life? Since there are neither research nor abstract data available in this field we will spend a part of the time listening to brief expositions of personal experiences by recovering alcoholics and/or addicts in this area of interest.

David W. Johnson is a retired businessman who had an NDE 13 years ago as the result of a heart attack. He was also a practicing alcoholic who found it more difficult to manage his addiction after the NDE. He is now in his 11th year of continuous sobriety through active participation in a 12 step program.

4 THE CHRISTIAN AND THE NDE NANCY EVANS BUSH, MA

Both explicitly and by suggestion, Old and New Testament narratives point to NDE - like experiences as formative of Christian symbol and belief. Taking a fateful but non-literal approach to the Biblical stories the workshop will begin with a quick exploration of some of these accounts and suggest how they may relate to the spiritual life of the modern non-fundamentalist Christian.

5 BEDSIDE AND BEYOND: Helping the Near Death Experiencer Cope KIMBERLY CLARK SHARP, MSW

With the advent of advanced medical technology, more people are not only resuscitated from cardiac and respiratory arrest, but are remembering events which occurred during the death experience. Because these events have extraordinary qualities - such as hovering over the physical body - and are alien to traditional Western culture, survivors find it difficult and often painful to assimilate a process which cannot be readily explained or accepted by others.

Attendees at this workshop will learn psychophysiological theories which may account for the occurrence of a NDE, clinical interventions to be used during and after cardiac resuscitation, interviewing techniques, and counseling approaches for the long term NDE survivor.

6 LIVING WITH THE NDEr : A Support Group for Family and Friends of Near Death Experiencers.* JOYCE GRISWOLD, Spouse of Multiple NDEr

A NDEr's family, friends and associates do not choose to be involved - involvement is thrust upon them ready, willing or otherwise and they must deal with the experience - usually entirely unsupported. Unfortunately the result is generally destructive to long established relationships. This group will share common experience, mitigate stress, discuss strategies for relationship survival and develop support organization.

* FREE TO FAMILY MEMBERS

PANEL DISCUSSION

Near Death Experiencers share their stories and answer questions from the audience.

BOOKSTORE

A selection of books about near death experiences and other related topics will be on sale at a reduced rate.

ABOUT IANDS

The International Association for Near-Death Studies is the world's only organization devoted to scientifically grounded exploration of the 'near-death experience' (NDE) and to consideration of its meaning in the lives of people who have had an experience. Representing five continents, its membership includes researchers, many types of professionals, experiencers, and others interested in the NDE generally. IANDS publishes the quarterly Journal of Near-Death Studies and sponsors conferences based on the premise that the NDE is an aspect of human consciousness whose implications touch us all.



ABOUT SEATTLE IANDS

The Seattle Chapter sponsors a community-based monthly meeting on the first Saturday of each month. This meeting serves two primary functions 1) for near-death experiencers to meet other NDErs, listen, share, and find ways to integrate this wondrous and/or frightening experience into their new emerging life 2) for family members, friends, and the interested public who wish to know more about near-death phenomena. The Chapter offers a roster of researcher and near-death survivors available to speak to public, private and professional organizations; participates in radio/television programs; and supplies literature and general information.

CONFERENCE SPEAKERS

KENNETH RING, PhD.

Ken's keynote address, AMAZING GRACE: The NDE as a Compensatory Gift, will emphasize the providential way near-death experiences can enter into a person's life -- AMAZING GRACE -- and bring about an unexpected and life-changing healing; and in a more general sense, the healing gifts conferred by the NDE. Ring will also be proposing a daring interpretation of survey findings regarding the high incidence of disturbed childhoods - including physical mistreatment, sexual abuse and neglect. It turns out these people were also more likely than others to recall psychic episodes from their childhood.

Professor of Psychology at the University of Connecticut, Ken Ring is a co-founder of IANDS. He is the author of two books on the near-death experience, LIFE AT DEATH and HEADING TOWARD OMEGA, and of the forthcoming book, THE OMEGA PROJECT (1992).

NANCY EVANS BUSH, MA

Is there a "hell" as well as "heaven" in some NDE's? Most of the near-death experiences reported in the past 20 years have been radiant and light-filled. The rarely-told accounts of dark and terrifying experiences have been discounted by most contemporary writers and remain little known. Here are some of those dark experiences, with thoughts on how we might approach understanding them in a new perspective.

With a professional background in education and non-profit administration, Nancy was Executive Director of IANDS at the University of Connecticut and is now its Vice President. Author of the first descriptive study of the NDE in children, she has published on nursing, education, and pastoral ministry and is a contributor to the Abingdon Dictionary of Pastoral Counseling. She is a graduate of the State University of New York (Albany) and holds a Masters Degree in Pastoral Ministry and Spirituality from St. Joseph College, Connecticut.

MELVIN MORSE, MD

Melvin Morse, MD is a Pediatrician with a busy private practice in Renton, Washington. He has studied the near-death experiences of children for nine years and has interviewed hundreds of children. His research has been published in the AMA's Pediatric Journal and he has recently published a best selling book - CLOSER TO THE LIGHT.

This presentation will summarize nine years of research on near-death experiences in children. The emphasis will be on what we can learn to enrich our own lives from the insights that children gain from their near-death experiences. Childhood and adult NDEs have distinct differences that give us invaluable insights into the nature of the near-death experience. A brief overview of the scientific research on near-death experiences will be presented. New research on the long term effects of childhood near-death experiences currently being done at the University of Washington will close the lecture.

KIMBERLY CLARK SHARP, MSW

In her lecture Kimberly will discuss all known elements of the near-death experience: remote viewing of one's body, meeting deceased loved ones, encountering a brilliant loving light, as well as reasons persons return to life. She will also share her own near-death experience and her observations based on her counseling work with hundreds of other near-death experiencers.

Kimberly had a near-death experience in 1970 and is one of the best known authorities in the country on the subject of Near-Death Experiences. Leader of the Seattle Chapter of IANDS for nine years, Pacific Northwest magazine named her one of the forty most influential persons under the age of 40 in the Pacific Northwest. Her credentials include: Director Social Work for the Fred Hutchinson Cancer Research Center; Clinical Assistant Professor, School of Social Work, University of Washington; and Advisory Board Member and Seattle Coordinator for IANDS.

CONFERENCE SCHEDULE

FRIDAY EVENING

- 6:00 - 7:30 Registration
- 7:30 - 7:40 Welcome - Greg Wilson
- 7:40 - 8:00 Kimberly Clark Sharp
- 8:00 - 9:30 Key Note Address by
Kenneth Ring, Ph.D.
"Amazing Grace: The NDE
as a Compensatory Gift"
- 9:30 - ? Wine & Cheese Reception
in the Japanese Garden

SATURDAY MORNING

- 8:45 - 9:00 Welcome - Greg Wilson
- 9:00 - 10:30 Kimberly Clark Sharp, MSW
"The Near-Death Experience:
Back In The Body Again"
- 10:30 - 11:00 Break
- 11:00 - 12:00 Melvin Morse, MD
"Closer To The Light:
Children Of The Near-
Death Experience"
- 12:00 - 1:00 Lunch

SATURDAY AFTERNOON

- 1:30 - 2:30 Nancy Evans Bush, MA
"Tales From The Dark Side:
Terrifying Near-Death
Experiences"
- 2:30 - 3:45 Panel of Experiencers
- 3:45 - 4:15 Break
- 4:15 - 5:30 Workshops
- 5:30 - 6:00 Announcements,
Evaluations, Closing

For more information: Seattle IANDS, P.O. Box 84333, Seattle, WA 98124 • (206) 525-5489